Join us to learn strategies to help teach kids how to set goals at home!

The process of persevering toward our goals helps us build important habits that teach us that learning, growth, and skill building are within our control. This process builds valuable learning habits that lay the foundation to success in school and in life.

Goal setting helps children build social-emotional skills and a growth mindset as they learn that they have the power to achieve what they want to achieve!

**Learn How to:**
- Teach your children the importance of setting goals
- Build a goal setting routine at home with your child
- Develop habits that support your family's progress toward goal setting
- Celebrate victories, big and small!

**TO REGISTER:**

**January 19th**  
**6:00 - 7:30 pm**

**FOR MORE INFORMATION:**

swindells@providence.org  |  503-215-2429

*The Shadow Project* is a nonprofit that provides schools and families with programs proven to help K-8 students with dyslexia, ADHD and autism build skills for school and life success.