CARES Rounding

What is CARES Rounding
CARES Rounding is a hospital-wide method of ensuring that all of our patients receive excellent care that anticipates their needs. As part of the rounding, you, your nurse or other care team member will check on the patient regularly throughout the day and night. It is done every hour during the day and every two hours during the night. If the patient is sleeping, we do not wake them up, but we will still check on them. CARES stands for:

C  Comfort
A  Anticipate needs
R  Reposition
E  Elimination
S  Sensitivity and Safety

Why Do CARES Rounding?
The people of Providence take great pride in the care we provide our patients. CARES rounding is a tool being provided to all care givers to help assure our patients receive a safe and consistent experience.

- CARES rounding helps our care providers by decreasing unplanned interruptions.
- CARES rounding is a concrete example of how we live our mission, core values, and vision.
- CARES rounding helps by incorporating safety rounding into a more comprehensive and standardized program.

Research Behind CARES Rounding
CARES rounding is informed by a number of best practice examples from our ministries and international clinical research. The body of research overwhelmingly supports regular rounding. Purposeful patient rounding has been shown to:

- Reduce patient falls (52% reduction)
- Reduce pressure ulcers in patients (14% decline)
- Reduce the number of call lights and interruptions for care providers (35% reduction)
- Increase patient satisfaction and their perception of care quality (12% increase)
- Increase nurse's job satisfaction

