Providence Heart Institute:
Providence Heart Institute is the largest provider of heart care in Oregon and one of the busiest heart centers on the West Coast. Our patients benefit from world-class care that includes the latest advances in diagnosis and treatment and from the expertise of our top-ranked, highly-skilled cardiac physicians, surgeons and care team members. Providence Heart Institute is also home to CARDS: the Center for Cardiovascular Analytics, Research + Data Science, and Basecamp: Center for Prevention + Wellness. We are building the intersection of clinical care, research and prevention to transform cardiac care and help our patients live their best, healthiest lives.

Course Description:
This program is designed to provide primary care team members (physicians, advanced practice providers, pharmacists, and nurses) with knowledge on how best to address common cardiovascular conditions, clinical scenarios, and conundrums. Content is aimed at expanding knowledge and performance across a range of cardiovascular topics, with specific focus on cardiovascular prevention and screening, vascular disease, heart failure, and arrhythmias. This educational offering aims to provide succinct reviews of high-value topics so that attendees can incorporate learnings immediately into practice.

Primary Learning Objectives:
- Provide current updates on the evaluation and management of patients either with or at risk for cardiovascular disease
- Review common cardiovascular symptoms and the preferred means by which they should be evaluated
- Highlight common conundrums in cardiology and how best to address them
- Identify how recent guideline recommendations (i.e., hypertension, high cholesterol) should be incorporated into your practice

Keynote Speaker:
Mintu Turakhia, M.D. M.A.S., Electrophysiologist, Executive Medical Director, Stanford University’s Center for Digital Health

Providence Health & Services - Oregon Region designates this live activity for a maximum of 7.75 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Providence Health & Services - Oregon Region is accredited by the Oregon Medical Association to sponsor continuing medical education for physicians.
Agenda:

7:00 a.m. Registration, Networking, Contential Breakfast

7:30 a.m. Introduction & Welcome

7:45 a.m. Arrhythmia Session
  • Things not to miss on my patient’s ECG.
  • My patient has palpitations - What should I order? When should I refer?
  • Does my patient need ablation of their atrial fibrillation - Who’s most likely to benefit?
  • My patient doesn’t want to go on a blood thinner - What options exist for stroke prevention in atrial fibrillation?
  • Periprocedural management of anticoagulation - To bridge or not to bridge?
  • Should my patient be screened for atrial fibrillation? If so, how?

9:45 a.m. Break

9:55 a.m. Prevention and Screening Session
  • Nutrition and exercise in cardiovascular disease - Separating fact from fiction.
  • We now have new cholesterol guidelines - What does this mean for my practice?
  • Moving hypertension thresholds and goals - What does this mean for my practice?
  • Who needs to see a cardiologist before non-cardiac surgery?
  • My patient needs a stress test - Which test should I order and why?
  • When should I order a coronary calcium scan and what do I do with the information?

11:55 a.m. Lunch & Networking

12:40 p.m. Heart Failure Session
  • Should all patients with heart failure be seen by a cardiologist?
  • How best to manage mild heart failure exacerbations on Friday afternoon - Pearls for primary care.
  • My patient has pulmonary hypertension - Now what?
  • What’s new with heart failure with preserved ejection fraction - Did I miss something?

2:00 p.m. Break

2:10 p.m. Vascular Disease Session
  • I think my patient has claudication - What test(s) should I order?
  • Peripheral artery disease - Treatment pearls for primary care.
  • When and how should I evaluate for carotid artery disease and what do I do with the information?
  • Asymptomatic enlargement of the ascending aorta - What does it mean and when should I be worried?

3:30 p.m. Keynote featuring Mintu Turakhia, M.D., M.A.S.
  Wearables and digital health in cardiology - Where are we headed?

4:30 p.m. Adjournment with Cocktail Hour

Providence Heart Institute Faculty:

Course directors
Ty Gluckman, M.D., FACC, FAHA, Cardiologist, Medical Director, Center for Cardiovascular Analytics, Research and Data Science (CARD5)
Daniel Oseran, M.D., Executive Medical Director, Providence Heart Institute, Oregon

Faculty
Jacob Abraham, M.D., Cardiologist, Medical Director, Advanced Heart Failure
Ashkan Babaei, M.D., Electrophysiologist
James Beckerman, M.D., FACC, Cardiologist, Medical Director, Cardiovascular + Wellness
Scott Bramato, M.D., Electrophysiologist
Jill Gelow, M.D., MPH, FACC, Cardiologist, Advanced Heart Failure
Blair Halpern, M.D., Electrophysiologist
Xiaoyan Huang, M.D., MHCM, FACC, Cardiologist, Medical Director, Clinical Transformation
Randy Jones, M.D., Electrophysiologist
Eric Kirker, M.D., FACS, Diplomate of the ABTS, Cardiovascular Surgeon, Senior Medical Director, Cardiovascular Surgery
Aditi Madabhushi, M.D., FACS, RPVI, Vascular Surgeon
Alejandro Perez, M.D., FSVI, Vascular Medicine Specialist, Regional Medical Director, Providence Wound Care and Hyperbaric Medicine
Robert Quintos, M.D., FACC, Cardiologist

Aly Rahmanzadeh, M.D., FACC, Cardiologist
Ashraf Rajabali, M.D., Electrophysiologist
Josh Remick, M.D., FACC, FAHA, Cardiologist, Advanced Heart Failure
Alicia Ross, M.D., FACC, Cardiologist, Advanced Heart Failure, Medical Director, Providence Heart Clinics - East
David Schneider, M.D., FACC, Cardiologist, Medical Director, Cardiac Rehabilitation, Providence Portland Medical Center
Lori Tam, M.D., FACC, Cardiologist, Medical Director, Women’s Heart Program
Brant Ullery, M.D., FACS, FSVM, Vascular Surgeon
Daniel Westerdahl, M.D., Cardiologist, Advanced Heart Failure

Location:
OMSI, Oregon Museum of Science and Industry
1945 SE Water Avenue | Portland, OR 97214
Providence Heart Institute

Course Registration
Cost:
- $200 Physicians
- $125 Advanced Practice Providers, Nurses and Pharmacists (includes CME and meals)

Registration deadline Monday, August 26, 2019. Register online at
https://www.regonline.com/cardiovascularupdates

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If paying by check, please include a copy of your email confirmation with payment. Please pay to the order of Providence Heart Institute.

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Portland, OR 97225

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