

Where to go when you need care

Providence provides the **right care** at the **right time** and **right place**

*Not all care options are available in all areas. Please visit Providence online for more information.



Express Care E-Visit (\$)

Complete an online health questionnaire about your symptoms. Get care on your schedule for common conditions.

- ▶ **No appointment needed**
- ▶ **Get an email response from a provider within an hour*, including diagnosis and treatment plan.**

E-Visit only available to Providence Health Plan members with a Providence doctor in Oregon.

Learn more at:
[Providence.org/evisit](https://www.providence.org/evisit)

*Fill out a health questionnaire 24/7. Providers respond between 8 a.m. and 7 p.m., seven days a week. Response times are typically less than one hour.



Express Care Virtual Visit (\$)

For treatment of common issues, visit a Providence provider using secure audio and video on your computer or mobile device.

- ▶ **No appointment needed**
- ▶ **Available 8 a.m. to midnight, 7 days a week**

Learn more at:
[Virtual.Providence.org](https://www.providence.org) or
call 855-360-5472



Express Care Clinic (\$\$)

Get same-day visits for minor and basic illnesses and injuries, including sprains, asthma, cuts and scrapes, migraines, abdominal pain and more.

- ▶ **Schedule same-day appointments online**
- ▶ **Open 7 days a week**

Learn more at:
[ProvidenceExpressCare.org](https://www.providence.org)
or call 888-227-3312



Primary Care Clinic (\$\$)

See your primary care provider for preventive care, general care and coordination of services when you need a specialist.

- ▶ **Call for an appointment**
- ▶ **Hours vary by location**

Learn more at:
[Providence.org/pmg](https://www.providence.org) or
call 503-582-2185



Immediate/ Urgent Care Clinic (\$\$\$)

Care for illnesses, serious nausea/vomiting, or injuries that require on-site X-ray, labs, joint injections and more.

- ▶ **No appointment needed**
- ▶ **Available 7 days a week**
- ▶ **Hours vary by location**

Learn more at:
[Providence.org/pmg](https://www.providence.org) or
call 503-215-9900



Emergency Room (\$\$\$\$)

Call 911 or go to the nearest facility if you have life-threatening emergencies.

- ▶ **No appointment needed**
- ▶ **Open 24 hours a day, 365 days a year**
- ▶ **Get locations at [Providence.org/oregon](https://www.providence.org/oregon)**



We do not discriminate on the basis of race, color, national origin, sex, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY: 711).

注意：如果您講中文，您可以免費獲得語言援助服務。請致電 888-311-9127 (Swedish Edmonds 888-311-9178) (TTY: 711)。