

Cancer Support Groups for Patients and Families



IN PERSON Support Groups

Breast Cancer Education and Support Group

This group is for women who are diagnosed with early stage breast cancer (up to stage III), and provides information and support around diagnosis, treatment and survivorship. Partners and caregivers are welcome to attend the first group of the month.

Providence Portland Medical Center

First and third Thursday of the month • 10:30 a.m. – 12:00 p.m.

To register please call Anne Marie Evered, MSW at 503-215-3274.

Providence St. Vincent Medical Center

First and third Tuesday of the month • 10:30 a.m. – 12:00 p.m.

To register please call Beth Ruml, LCSW at 503-216-4676.

Family Program Group

Providence Portland Medical Center

Second Thursday of the month • 6:00 – 8:00 p.m. (dinner served from 6:00 – 6:30 p.m.)

Children and teens that have a family member diagnosed with cancer benefit from a safe environment in which they can express their feelings. Groups are divided by age with a parent group meeting at the same time.

To register and confirm the scheduled dates please call Krista Nelson, LCSW at 503-215-3204.

Touchstone

Providence St. Vincent Medical Center

Second Tuesday of the month • 4:00 – 5:30 p.m.

Touchstone is for cancer patients to learn how to deal with cancer related stress. Give and receive support to others who are living with, or beyond, cancer. Partners and caregivers are welcome to attend.

To register please call Beth Ruml, LCSW at 503-216-4676.

Living with Advanced Cancer

Providence Portland Medical Center

Every first and third Tuesdays of the month • 11:00 a.m. – 12:30 p.m.

This group is for those living with advanced cancer (metastatic, stage IV, or incurable) and their primary caregiver/support person. Patients and/or caregivers meet separately to address the challenges of living with advanced disease and coping with uncertainty.

To register please call Phoebe Souza, LCSW at 503-215-5950 or Dawn Brucker, LCSW at 503-215-5305.

Multiple Myeloma Education and Support Group

Providence St. Vincent Medical Center

Second Wednesday of the month • 10:00 – 11:30 a.m.

An educational support group for multiple myeloma patients. Partners and caregivers are welcome to attend.

To register please call Daisy Rizo, MSW at 503-216-0209 or Jessica Fox, LCSW at 503-216-2917

Support groups are free.

To learn more visit:

[www.providenceoregon.org/
cancersupportgroups](http://www.providenceoregon.org/cancersupportgroups)

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ONLINE SUPPORT

(GRUPOS EN LINEA DE APOYO AL CANCER)

Our professionally facilitated online support groups are a safe place to share feelings, experiences, information and resources, all from the comfort of your home. Join us to give and receive support from those who are living with cancer.

To register visit providenceoregon.org/cancersupportgroups.

Advanced Cancer Online Support Group

2nd and 4th Tuesdays • 10:30 - 11:30 a.m.

Blood Cancer Online Support Group

2nd and 4th Thursdays • 1 - 2 p.m.

To participate in an online support group you will need:

- Access to a computer/tablet/phone with a web camera and internet/data connection

Grupo de Apoyo para Pacientes de Cáncer (Cancer Support Group facilitated in Spanish)

Segundo miércoles del mes • 3:30 - 4:30 p.m.

(second Wednesdays 3:30 - 4:30 p.m.)

Providence Cancer Institute está ofreciendo grupos de apoyo de video en vivo para pacientes de cáncer, en su idioma. Nuestros grupos de apoyo facilitados profesionalmente a través del internet son un lugar seguro donde podrá compartir sentimientos, experiencias, información y recursos, todo desde la comodidad de su hogar.

Para registrarse, visite Providenceoregon.org/cancersupportgroups.

Para participar, necesitara:

- Acceso a una computadora/tableta/teléfono con una cámara web y con conexión a internet o datos móvil

Para más información o para inscribirse, llame a Darlene Corral, LCSW 503-537-6092.

PEER SUPPORT Program for cancer patients

This program offers one-on-one support to patients as a source of information and emotional support at any time before, during or after treatment for cancer. Patients are connected by phone, email or in person visits with a volunteer with a similar diagnosis.

Please call Lori Kresse at 503-215-3206 to be matched with a peer cancer support volunteer.

Online Support Services with CancerCare

CancerCare is a national nonprofit organization that provides free professional support services for anyone affected by cancer. Services include phone counseling, online support groups, educational workshops, publications and financial assistance.

Call 800 813 HOPE (4673)
or visit www.cancercares.org



CANCERcare®

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Learn more about what we're doing to finish cancer at ProvidenceOregon.org/cancer