Lung Cancer Screening

SAVES LIVES

Talk to your doctor to see if lung cancer screening is right for you.

RISK FACTORS

TOBACCO SMOKE
In the U.S., about 80% to 90% of lung cancer deaths are caused by smoking.

SECOND-HAND SMOKE
Smoke from other people’s cigarettes, pipes, or cigars also causes lung cancer.

RADON
A naturally occurring gas that comes from rocks and dirt and can get trapped in houses and buildings. It is the second leading cause of lung cancer.

FAMILY HISTORY
Your risk may be higher if your parents, brothers, sisters, or children have had lung cancer.

FACTS

2nd
Lung cancer is the 2nd most common cancer among both men and women in the U.S.

#1
Lung cancer is the leading cause of cancer death among both men and women.

150k
Each year in the U.S., approximately 150,000 people die of lung cancer, which is more than colon, breast, and prostate cancers combined.

WHO SHOULD BE SCREENED?

• People who have smoked at least 30 pack years
• If you are still smoking or have quit within the past 15 years
• Age between 55 and 77 years old
• Have no signs of lung cancer

Talk to your doctor about lung cancer screening.

REDUCE YOUR RISK

Healthy lifestyle choices may help lower your cancer risk

• DO NOT SMOKE
• AVOID SECONDHAND SMOKE
• GET YOUR HOME TESTED FOR RADON
• EAT FRUITS, VEGGIES AND WHOLE GRAINS
• EXERCISE 30 MINUTES A DAY

Source: Centers for Disease Control and Prevention & The American Cancer Society

providence.org/lungcancer
503-215-6014