

Lung Cancer Screening



Lung Cancer Screening **SAVES LIVES**

Talk to your doctor to see if lung cancer screening is right for you.

RISK FACTORS

TOBACCO SMOKE

In the U.S., about 80% to 90% of lung cancer deaths are caused by smoking.

SECOND-HAND SMOKE

Smoke from other people's cigarettes, pipes, or cigars also causes lung cancer.

RADON

A naturally occurring gas that comes from rocks and dirt and can get trapped in houses and buildings. It is the second leading cause of lung cancer.

FAMILY HISTORY

Your risk may be higher if your parents, brothers, sisters, or children have had lung cancer.

WHO SHOULD BE SCREENED?

- People who have smoked at least 30 pack years
- If you are still smoking or have quit within the past 15 years
- Age between 55 and 77 years old
- Have no signs of lung cancer

Talk to your doctor about lung cancer screening.

FACTS

2nd

Lung cancer is the 2nd most common cancer among both men and women in the U.S.

#1

Lung cancer is the leading cause of cancer death among both men and women.

150k

Each year in the U.S., approximately 150,000 people die of lung cancer, which is more than colon, breast, and prostate cancers combined.

REDUCE YOUR RISK

Healthy lifestyle choices may help lower your cancer risk

- DO NOT SMOKE
- AVOID SECONDHAND SMOKE
- GET YOUR HOME TESTED FOR RADON
- EAT FRUITS, VEGGIES AND WHOLE GRAINS
- EXERCISE 30 MINUTES A DAY

To learn more about lung cancer risks, prevention and screening:
providence.org/lungcancer

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