Providence Medford Medical Center's Cancer Program strives to offer our community the very best in cancer care, with the emphasis not only on access to most current services, but also in creating a partnership with each patient to ensure assistance and understanding throughout every step of their cancer journey.

With our comprehensive list of services such as prevention, education, radiation treatment, infusion services, rehabilitation programs, as well as the support services provided by our American Cancer Society Resource Center, we are committed to providing an optimal environment assuring the community we serve of interventions that help in the reduction and prevention of cancer.

The Providence Cancer Program is accredited by the Commission on Cancer of the American College of Surgeons. The continuous effort in maintaining the ACoS standards affirms our commitment to provide quality cancer care in every aspect, and the commendations we receive demonstrate a collaborative effort to exceed them.

**CLINICAL GOAL**
We saw a need to help patients receiving prescribed opioids, and outlined safe parameters for use and storage of those medications, along with the potential for abuse/misuse in narcotics. We developed an educational and reference sheet to help them in the event of lost or stolen medications. This form was reviewed and approved by our Radiation Oncology Medical Director and Oncology Medical Director and is used in Radiation Oncology presently.

**PROGRAM GOAL**
We expanded Oncology Rehab to include a new group program initiated this year. Activities consist of cardio conditioning, strengthening and stretching exercises. Participating patients felt stronger and less fatigued after completing their series. This supports the evidence that rehab during and after treatment is beneficial to most patients experiencing side effects, as a result of cancer or its treatment.

A presentation of this complementary therapy was rolled out to the various PMG clinics in southern Oregon, as a means to identify and meet their patients’ physical needs. Physicians were encouraged to utilize this therapy that includes an initial assessment by an oncology trained physical therapist. Each participant received a personalized prescription of activity, the goal being to help empower the patient in their own “active survivorship”. Pre and post outcomes were then measured and progress reports sent back to the ordering physician.

Utilizing the expertise and specialized knowledge of our therapists, we will continue to expand this vital program so that more cancer survivors in our valley can increase their levels of activity and wellness.

**COMMUNITY OUTREACH**

**Screenings: Low-Dose Lung Screen**
The purpose of the LDLS is to help decrease the number of patients with late stage lung disease. In a local query done in 2010, 10% of an audited 40,000 PMG patients in the Rogue Valley, were smokers or at high risk for lung cancer, validating the need for this type of screening.
Top 10 for PMMC in 2014:

<table>
<thead>
<tr>
<th>NCI Diagnosis Group</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast Female</td>
<td>97</td>
</tr>
<tr>
<td>Prostate</td>
<td>97</td>
</tr>
<tr>
<td>Urinary Bladder</td>
<td>81</td>
</tr>
<tr>
<td>Lung</td>
<td>30</td>
</tr>
<tr>
<td>Kidney</td>
<td>26</td>
</tr>
<tr>
<td>Other Urinary</td>
<td>18</td>
</tr>
<tr>
<td>Other Male Genital</td>
<td>18</td>
</tr>
<tr>
<td>Colon</td>
<td>16</td>
</tr>
<tr>
<td>Thyroid</td>
<td>11</td>
</tr>
<tr>
<td>Corpus Uteri</td>
<td>11</td>
</tr>
</tbody>
</table>

Providence provided this vital community service, offering the screening at a low cost, for patients considered at high-risk for lung cancer. National trials showed that having a LDLS may benefit those patients who meet the criteria. One such criteria item: patients must not be symptomatic, but need to be healthy enough to undergo treatment if lung cancer is diagnosed.

Recognizing the potential of this program, orders were built into our EPIC medical records system for easy access to PMG physicians utilizing the new screening tool, and made available to outside physicians through fax orders. The program is monitored by a LDLS Coordinator to ensure that follow-up visits and scheduled testing aligns with nationally recognized guidelines. A total of (34) patients were able to participate in the first year of this program. Findings reported to Cancer Committee annually.

**Screenings: Hereditary Cancer Screening**

The importance of providing Hereditary Cancer Screening and testing (when appropriate) has become key to all community based cancer care. Hereditary cancer services can assist in cancer prevention via appropriate medical management. If patients are identified with a genetic mutation, they and their family members, who also may be at risk for the same mutated gene, are counseled and tested. Prior to the inception of our local services patients had to travel to Eugene or Portland for counseling, with a wait time of several months for an appointment.

Kate Newgard, Nurse Navigator held (77) pre-counsel screening visits and Dr. Nancy Hagloch had (96) pre-counsel and post-counsel visits (including 32 patients seen by nurse navigator).

A total of (60) hereditary cancer tests were ordered for 2014.

Note: 16% of the tests were canceled due to lack of insurance coverage.

**Prevention** - goal is to reduce the risk of developing cancer.

- Great American Smokeout – held at Providence Medford Medical Center. Education materials were provided about smoking and the affect on the body. People were encouraged to “commit to quit”.
- Charitable Mammos and education for low income women – 19 patients eligible.

**PATIENT CARE IMPROVEMENTS**

With attentive commitment to improved patient care, two patient care improvements were put into place for 2014:

1. Insurance issues continue to be stressful and confusing to many patients. Coverage, deductibles, and specific plan information, can be difficult to decipher and understand. This was a barrier to care and a patient stressor.

   Providence has a designated insurance specialist that reviews each patient for insurance coverage and obtains necessary authorizations for treatment, certain medications and referrals. This individual provides patient intervention with insurance providers and consults with patients one-on-one, working closely with financial assistance here at Providence. We have found this to be an invaluable service to our Radiation Oncology patients.
2. As a community-wide initiative, we increased the availability of our Big Bore and Bariatric-capable CT to internal and external customers who do not fit on conventional CT scanners. Since Providence has the only big-bore CT simulator in the area, we have allowed other Radiation Oncology facilities to perform CT simulations for their patients on our equipment. Providence Diagnostic Imaging is also able to utilize our machine when necessary.

CANCER FOCUSED ACTIVITIES

1. BREAST CENTER


- Hosted Breast Center open house in March – 10 year anniversary celebration.
- Employee Mammogram Day in May – (46) participants
- In June Installed new Hologic Comfort Package on stereotactic biopsy table, purchased through Guild Funds.
- Held 2nd Employee Mammogram Day in October - (100) participants.
- Various activities held, benefiting Leila J. Eisenstein Breast Center for screening mammograms, diagnostic mammograms, breast ultrasounds and follow-ups:
  - “Tee Off for Breast Cancer”, Rogue Valley Country Club Donation fm C & K
  - Breast Cancer Awareness Month at Providence hosted many events benefiting charitable mammography (October): Team Pink – Denim Days, Bunco for Breast Cancer, T-shirt and all year jewelry sales, Human Bean Coffee for a Cure.

2. RADIATION ONCOLOGY

- Local Support Group sheet revised and distributed. Handed out to both new and end-of-treatment patients.
- Hosted monthly Support for Oral, Head & Neck Cancer patients (SPOHNC) survivorship roundtable sessions (since 2011)
- Host to weekly Journey Through Grief support group (hosted weekly since 2011)

3. ACS CANCER RESOURCE CENTER

The ACS CRC continues to be an integral part of our Cancer Care Team. As of the 3rd Quarter of this year, there were 272 referrals and over 400 services rendered to cancer patients in our area. Providence and American Cancer Society renewed their contract in 2014.

4. MEDICAL ART THERAPY

- With local interest in complementary care and growing support for therapies that support traditional treatments, perhaps one of the most important new ministries we’ve offered, is our Medical Art Therapy Program. It began with an initial 10-week session, funded in part by a grant from the Haines Philanthropic Foundation and additionally from the Providence Community Health Foundation.

Medical Art Therapy is a well established complementary treatment available in many cancer centers throughout the country. Art therapy benefits include: pain and symptom management, stress relief, and support in medical decision-making. Art therapy can provide a deep sense of relaxation and an active way to participate in treatment and recovery. Personal images can help organize and convey experiences that seem beyond words and express feelings about illness that are difficult to communicate through words.

“Painting offered me a world of my making, an escape from the angst, yet at the same time, a way for me to show myself what was happening and how strong I was.” — D.L., Lymphoma survivor

The group is facilitated by Registered Art Therapist, Delaine Due, M.A., ATR and she provides instructional support as needed, throughout the process. The group met for 10 weekly sessions, from October through December from 1-3pm. Participants are asked to commit to all sessions to reap the full benefit of the group.
Patient feedback and outcomes were astounding. The Program has proven so effective and important, Providence Community Health Foundation will continue to subsidize this program throughout 2015, providing this ministry free of charge to interested cancer patients in the Rogue Valley.

Providence’s Core Values of Compassion, Justice, Respect, Excellence, and Stewardship set the foundation for our practices that aim to exceed the needs of our patients. Providence Cancer Center is proud to provide the community with an array of services that coincide with a collaborative and highly dedicated team, working together to exemplify exceptional patient care. We recognize and believe that the quality of care is a combination of efficiency, education, and empowerment for every patient. As we continue to offer the finest technical services in the area, we stay true to the patient-centered service of excellence.

Ryan Hutchinson
Cancer Program Administrator
Providence Medford Medical Center