

# Providence Health & Services Physician Guidebook



Specialty and other  
services in Oregon and  
Southwest Washington  
2014

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To view this booklet online or to learn more about our programs, visit [www.ProvidenceOregon.org/health-professionals](http://www.ProvidenceOregon.org/health-professionals).



# Welcome



Dear Physicians:

Welcome to the Providence Physician Guidebook. This directory lists many of the services Providence provides to thousands of patients in communities throughout Oregon and southwest Washington. We developed the guide specifically as a tool to help community physicians, such as yourself, serve their patients and their communities.

As a practicing physician and in my role as chief executive of Outreach Services for Providence, I've had the opportunity to travel throughout the state. I've met many of you and have learned first-hand about issues facing your community and your own medical practices.

Providence believes in keeping patients in their communities. We hope this guide will be an easy-to-use resource as you answer patients' questions, seek advice from consultants and make referrals if needed.

If you need a consult, please call us. We are pleased to announce our new MD advice line: **1-844-ASK-PROV** (844-275-7768). To ease your way, we have created this single number to help you access our specialists for:

- Urgent consults and transfers anytime, day or night
- Non-urgent consults and referrals, 9 a.m. to 5 p.m., Monday through Friday

Providence is proud to be a leader in statewide health reform efforts to create healthier communities through patient-centered health care. It is our privilege to do this work with you, knowing that together we can accomplish more for the people we serve.

Thank you for all you do for your patients and your community. Please let me know how I can be of assistance. You may contact me by phone, 503-216-2145, or email, [tom.lorish@providence.org](mailto:tom.lorish@providence.org).

Sincerely,

A handwritten signature in black ink, appearing to read "Tom Lorish, M.D.". The signature is fluid and cursive, with a clear "M.D." at the end.

**Tom Lorish, M.D.**  
Chief Executive – Outreach  
Medical Director – Orthopedics, Rehabilitation and Ambulatory Services  
Providence Health & Services-Oregon Region

# Providence at a glance

Providence Health & Services in Oregon is a comprehensive, integrated health care system that serves the needs of patients throughout Oregon and southwest Washington. Providence owns and operates eight hospitals and medical centers throughout Oregon. In addition to the programs highlighted in this physician guide, there are many specialty areas within each of our eight hospitals. Please contact the closest Providence hospital to identify the specialist best able to meet your patients' needs.

## PORTLAND SERVICE AREA

- **Providence St. Vincent Medical Center**  
9205 SW Barnes Road  
Portland, OR 97225  
503-216-1234  
[www.providence.org/psvmc](http://www.providence.org/psvmc)
- **Providence Portland Medical Center**  
4805 NE Glisan St.  
Portland, OR 97213  
503-215-1111  
[www.providence.org/ppmc](http://www.providence.org/ppmc)
- **Providence Milwaukie Hospital**  
10150 SE 32nd Ave.  
Milwaukie, OR 97222  
503-513-8300  
[www.providence.org/pmh](http://www.providence.org/pmh)
- **Providence Willamette Falls Medical Center**  
1500 Division St.  
Oregon City, OR 97045  
503-656-1631  
[www.providence.org/pwfmcc](http://www.providence.org/pwfmcc)

## YAMHILL COUNTY

- **Providence Newberg Medical Center**  
1001 Providence Drive  
Newberg, OR 97132  
503-537-1555  
[www.providence.org/newberg](http://www.providence.org/newberg)

## SOUTHERN OREGON

- **Providence Medford Medical Center**  
1111 Crater Lake Ave.  
Medford, OR 97504  
541-732-5000  
[www.providence.org/medford](http://www.providence.org/medford)

## NORTH COAST

- **Providence Seaside Hospital**  
725 S. Wahanna Road  
Seaside, OR 97138  
503-717-7000  
[www.providence.org/northcoast](http://www.providence.org/northcoast)

## COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
810 12th St.  
Hood River, OR 97031  
541-386-3911  
[www.providence.org/hoodriver](http://www.providence.org/hoodriver)

# Clinical services

## ❖ Arthritis Center

Providence Medical Group Arthritis Center seeks to help patients gain or maintain an independent lifestyle and to better understand the disease. By bringing comprehensive services together in one location, the center provides consistent, personalized arthritis care, from medical evaluations to therapy and education.

### PORTLAND AREA

- **Providence Arthritis Center**  
503-215-6819

## ❖ Behavioral Health

Mental well-being is directly connected with overall physical health. Experiences such as stress or trauma can leave us anxious, overwhelmed and hopeless. Untreated, these feelings can lead to major psychological and physical illnesses or to addictive and destructive behaviors.

Providence Behavioral Health Services approaches treatment of mental health and substance use with a multidisciplinary team of professional staff that focuses on the whole person – physical, spiritual, psychological and social.

We offer a complete range of treatments to help people recover and regain control of their lives. We help individuals and families manage and cope better with their health problems, improving their symptoms and their ability to function. We evaluate the use of medications to help stabilize thought processes, and we provide individual and group support for families, patients and other friends. For complex and urgent situations, our inpatient and outpatient services treat a wide variety of mental and substance use disorders with safe, compassionate care.

Most mental and substance use disorders can be effectively resolved through outpatient programs. Our outpatient programs, such as partial hospital and intensive outpatient, use group and individual therapies as well as cognitive and other intensive therapies, including psychiatric evaluation and medication. Other disorders require the safety and security of an inpatient setting where patients can remain safe and receive 24-hour psychiatric medical and nursing care. We also offer specialty programs for psychiatric, substance use and eating disorders.

[www.providence.org/bh](http://www.providence.org/bh)

(continued)

# Clinical services (continued)

## ❖ Behavioral Health (continued)

### Director

Susan Driver

Regional director, Providence Behavioral Health Services

503-216-4963 • [susan.driver@providence.org](mailto:susan.driver@providence.org)

### PORTLAND AREA

- **Providence Behavioral Health – general information**  
503-574-9235
- **Adult comprehensive, intensive, hospital-based outpatient treatment**  
503-574-9242
- **Substance use treatment**  
503-574-9200
- **Child/adolescent inpatient treatment**  
503-574-9235
- **Eating disorders**  
**Adult and adolescent treatment**  
503-574-9242
- **Psychiatry clinics, general information**  
503-574-9235
- **Inpatient services**  
Adult: 503-574-9235  
Child/adolescent: 503-574-9235
- **Partial Hospital Programs**  
503-574-9242

### COLUMBIA GORGE/PROVIDENCE HOOD RIVER

- **Gorge Counseling and Treatment Services**  
541-387-6138

## ❖ Cancer Programs

Providence Cancer Center serves more cancer patients than any other health system in Oregon. We provide oncology, hematology and radiation oncology care to more than 4,000 newly diagnosed patients every year.

We provide exceptional cancer care, walking with patients from the moment of diagnosis through treatment to survivorship and the end of life. Our multidisciplinary teams are continuously improving the patient experience and outcomes through research and innovation.

Providence Cancer Center is recognized as a leader in cancer care because of our strength in these areas:

- Unique research and clinical trials through the Robert W. Franz Cancer Research Center in the Earle A. Chiles Research Institute
- Participation in the NCI Immunotherapy Trials Network
- QOPI-certified medical oncology clinics
- Our specialty cancer clinics targeted to tumor types
- Our strong commitment to evidence-based medicine and adherence to clinical guidelines

[www.providenceoregon.org/cancer](http://www.providenceoregon.org/cancer)

## Directors

Kevin Olson, M.D.

Medical director

503-893-7407

kevin.olson@providence.org

Lyn Glenn, MN, FNP, AOCN

Senior director

503-215-6315

lyn.glenn@providence.org

## PROVIDENCE CANCER CENTER

503-215-6014 (general information)

## PORTLAND AREA

- **Autologous stem cell transplant**  
503-215-6737
- **Thoracic surgery**  
503-215-2300
- **Biotherapy program**  
503-215-6014
- **Breast cancer services**  
Providence: 503-216-6014  
Safeway Foundation Breast Center:  
503-215-6029  
Ruth J. Spear Breast Center:  
503-216-4998
- **Cancer survivor program and clinic**  
503-215-7901
- **Clinical trials**  
503-215-6014
- **Colorectal surgery/colon cancer**  
503-215-6014
- **Dysplasia**  
503-215-1600
- **Gamma Knife Center of Oregon**  
503-215-6800 or 888-455-8525
- **Gastrointestinal cancer**  
503-215-5696
- **Genitourinary cancer**  
503-215-5696
- **Gynecological cancer**  
503-215-2075
- **Interventional radiology/oncology**  
503-216-2181
- **Liver/pancreatic cancer**  
503-215-8650
- **Lung cancer**  
503-215-3595
- **Lymphoma**  
503-215-5696
- **Melanoma**  
503-215-5696
- **Oncology/hematology care**  
East Portland: 503-215-5696  
West Portland: 503-216-6300  
Milwaukie: 503-513-1900  
Willamette Falls: 503-742-6750
- **Oral, head and neck cancer**  
503-215-6014
- **Radiation oncology**  
East Portland: 503-215-6029  
West Portland: 503-216-2195  
Milwaukie: 503-513-3300
- **Support services (counseling)**  
503-215-6014
- **Transitions Appearance Center**  
Providence Portland Medical Center  
503-215-8998  
Providence St. Vincent Medical Center  
503-216-8502
- **Testicular cancer**  
503-215-5696

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# Clinical services (continued)

## ❖ Cancer programs (continued)

### YAMHILL COUNTY

#### Providence Newberg Medical Center

- **Oncology/hematology care**  
503-537-6040

### NORTH COAST

#### Providence Seaside Hospital

- **Hematology oncology**  
503-717-7650
- **Infusion services**  
503-717-7412

### COLUMBIA GORGE

#### Providence Hood River Memorial Hospital

- **Hematology oncology**  
541-387-1338
- **Infusion services**  
541-387-6445

### SOUTHERN OREGON

#### Providence Medford Medical Center

- **Providence Cancer Center**  
541-732-7000
- **Breast cancer services  
(Leila J. Eisenstein Breast Center)**  
541-732-6100
- **Hematology oncology**  
541-774-5853
- **Infusion services**  
541-732-5566
- **Radiation oncology**  
541-732-7000
- **Support services (counseling)**  
541-732-7000

## ❖ Children's Health

Providence Health & Services is a leader in children's health care. Each year, Providence serves tens of thousands of children in Oregon through our clinics, hospitals and health plans. The compassionate physicians and staff are experts in children's health. They provide everything from routine primary care to emergency and critical care – all for newborns, infants, children, youth and teens:

Providence also provides extensive family support, including child life specialists and social work, drop-in day care at My Little Waiting Room, and resources for children with special needs through Swindells Resource Center.

[www.providence.org/children](http://www.providence.org/children)

### Directors:

Jeremy Huwe  
Medical director  
503-216-6475  
[jeremy.huwe@providence.org](mailto:jeremy.huwe@providence.org)

Resa Bradeen, M.D.  
Medical director  
503-216-7439  
[resa.bradeen@providence.org](mailto:resa.bradeen@providence.org)



## SPECIALTY CLINICS AND FACILITIES

- **Center for Medically Fragile Children**

503-215-240

[www.providence.org/childcenter](http://www.providence.org/childcenter)

The only pediatric skilled nursing facility in the Pacific Northwest provides long-term care, short-term medical management, post-operative care, respite care, and end-of-life care.

- **Providence Neurodevelopmental Center for Children**

503-215-2278 (centralized scheduling for all clinics)

Developmental pediatricians, pediatric psychologists, therapists, audiologists, social workers, and nutritionists work with infants through teens to assess progress in gross and fine motor skills and speech/language skills and to tailor treatment programs according to each child's needs.

- **Providence Specialty Pediatric Dental Clinic**

503-215-1056

[www.providence.org/dental](http://www.providence.org/dental)

Pediatric and general dentists and staff welcome children and young adults with special health care needs and their siblings from birth to 26 years of age.

- **Swindells Resource Center**

503-215-2429 (Portland)

541-732-5958 (Southern Oregon/Providence Medford)

[www.providenceoregon.org/swindells](http://www.providenceoregon.org/swindells)

Free information and education about day-to-day issues faced by families of children with special health needs.

## SPECIALTY SERVICES:

### PORTLAND AREA

- **NICU consultations or admissions**

Providence St. Vincent Medical Center

Nicole Schmidt, M.D., medical director

503-574-9672

Providence Portland Medical Center

Fred Baker, M.D., medical director

503-574-9672

- **Breastfeeding and postpartum support**

Providence Portland Medical Center

503-215-6085

Providence St. Vincent Medical Center

503-216-4033

Willamette Falls Medical Center

503-650-6772

- **Providence Medical Group - pediatrics**

Kirstin Crowley, M.D., pediatric

medical director

503-582-2185

- **Emergency care**

Providence St. Vincent Children's

Emergency Department

503-216-2361

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# Clinical services (continued)

## ❖ Children's Health (continued)

- **Immediate care (pediatric)**

PMG-Tanasbourne Immediate Care  
503-215-9900

- **In-hospital care**

Pediatric inpatient unit at Providence  
St. Vincent Medical Center

Matthew Gadbow, M.D., medical director  
503-574-9672

PICU at Providence St. Vincent Medical Center  
Mitchell Ross, M.D., medical director  
503-574-9672

Child and adolescent inpatient psychiatry  
at Providence Willamette Falls Medical Center  
Ken Ensroth, M.D., medical director  
503-574-9235

- **Behavioral health**

Adolescent Eating Disorders Program  
Providence St. Vincent Medical Center  
503-216-2025

Child and adolescent inpatient psychiatric  
Providence Willamette Falls Medical Center  
Ken Ensroth, M.D., medical director  
503-574-9235

- **Cardiology**

Pediatric Cardiology Center of Oregon  
Providence St. Vincent Medical Center  
503-280-3418

- **Endocrinology**

Pediatric Endocrinology of Portland  
Providence St. Vincent Medical Center  
503-206-3636

- **Gastroenterology**

Northwest Pediatric Gastroenterology  
Providence St. Vincent Medical Center  
503-281-5139

- **Neurology**

Providence Pediatric Neurology  
503-216-1280

- **Orthopedics**

Orthopedic & Fracture Specialists  
503-214-5222

- **Otolaryngology**

Head and Neck Associates  
Providence St. Vincent Medical Center  
503-553-3664

- **Surgery**

Providence Pediatric Surgery  
Providence St. Vincent Medical Center  
503-216-8654

- **Urology**

Northwest Urological Clinic  
503-223-6223

### YAMHILL COUNTY/ PROVIDENCE NEWBERG

- **Providence Breastfeeding Center**  
503-537-1400

### SOUTHERN OREGON/ PROVIDENCE MEDFORD

- **Providence BirthPlace**  
541-732-5494

### COLUMBIA GORGE/ PROVIDENCE HOOD RIVER

- **Postpartum Care and Breastfeeding Clinic**  
541-387-6344

## ❖ Diabetes Education

Providence Diabetes Education clinics are located throughout Oregon in Central Point, Portland, Gresham, Hood River, Medford, Newberg, Oregon City and Seaside.

Certified diabetes educators are licensed nurses and dietitians. They offer day and evening classes and private appointments on diabetes self-management, gestational diabetes, continuous glucose monitoring, insulin administration, insulin pump training and carbohydrate/insulin ratio training.

Diabetes education is covered by Medicare, Medicaid and most insurance companies. Financial assistance is available to those who qualify. Free diabetes support groups meet monthly at most Providence hospital locations. Call for dates, times and locations.

[www.providence.org/diabetes](http://www.providence.org/diabetes)

### **Contacts:**

Kathy Schwab  
Regional manager, Providence Diabetes Program  
503-893-6647  
kathy.schwab@providence.org

### **Providence Resource Line**

(for general information about diabetes classes, groups and services)  
503-574-6595 or 800-562-8964

### **PORTLAND AREA**

- **Outpatient Diabetes Education**  
503-215-6628

### **YAMHILL COUNTY/PROVIDENCE NEWBERG**

- **Outpatient Diabetes Education**  
503-215-6628

### **SOUTHERN OREGON/PROVIDENCE MEDFORD**

- **Outpatient Diabetes Education**  
541-732-6955

### **NORTH COAST/PROVIDENCE SEASIDE**

- **Outpatient Diabetes Education**  
503-717-7301

### **COLUMBIA GORGE/PROVIDENCE HOOD RIVER**

- **Outpatient Diabetes Education**  
541-387-6381

## ❖ Diagnostic Imaging

Providence Diagnostic Imaging provides high-quality medical imaging services by ensuring the highest standard of patient care and excellence in performance, interpretation and delivery of cost-effective imaging. Many of our services are available 24/7 for inpatients and outpatients. We offer diagnostic, therapeutic, invasive and intra-operative support using X-ray, computed tomography (CT), ultrasound, magnetic resonance imaging (MRI), intra-operative MRI, mammography, nuclear medicine and positron emission tomography (PET) procedures.

Our services are available at Providence hospitals, outpatient clinics and health centers as well as in joint venture facilities with other medical partners. We are proud to be recognized as leaders in Oregon for service delivery, exceptional staff, specialized radiology expertise and ease of access.

[www.providence.org/diagnosticimaging](http://www.providence.org/diagnosticimaging)

### Contacts:

Mary Savage  
Director, Diagnostic Imaging Services (Portland area)  
503-215-6347 • [mary.savage@providence.org](mailto:mary.savage@providence.org)

### PORTLAND AREA

- **Providence St. Vincent Medical Center**  
503-216-2167
- **Providence Portland Medical Center**  
503-215-6079
- **Providence Milwaukie Hospital**  
503-513-8350
- **Providence Willamette Falls Medical Center**  
503-650-6300
- **Portland Medical Imaging**  
503-215-8900
- **Center for Medical Imaging Bridgeport**  
503-216-0665
- **Center for Medical Imaging Tanasbourne**  
503-216-8403
- **Providence Canby Imaging Center**  
503-650-6300
- **Providence Professional Plaza**  
503-215-6079

### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
503-537-1780

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
541-732-5175 (general information, physician reports)  
541-732-5082 (scheduling)
- **Oregon Advanced Imaging– Navigator’s Landing**  
541-608-0350  
Providence Medford Medical Center  
541-608-0350  
Providence Central Point  
541-608-0350
- **Providence Outpatient Laboratory & X-ray**  
541-732-5860

### NORTH COAST

- **Providence Seaside Hospital**  
503-717-7242

### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
541-387-6328

## ❖ Emergency Services

Emergency care is provided 24/7 at each Providence hospital in Oregon. Specially trained physicians and emergency staff diagnose and treat traumatic injuries, life-threatening and emergent conditions.

### Contacts:

Bonnie Forsh

Regional director, Emergency Services

503-216-7142 • [bonnie.forsh@providence.org](mailto:bonnie.forsh@providence.org)

### PORTLAND AREA

- **Providence Milwaukie Hospital**  
503-513-1031
- **Providence Portland Medical Center**  
503-215-6000
- **Providence St. Vincent Medical Center**  
503-216-2361
- **Providence Willamette Falls Medical Center**  
503-657-6742

### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
503-537-1785

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
541-732-6440

### NORTH COAST

- **Providence Seaside Hospital**  
503-717-7020

### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
503-386-6325

## ❖ Gastroenterology

Providence in Oregon offers comprehensive care for patients with complex gastrointestinal symptoms and diseases, admitting every year more than 4,200 patients who have primary diagnoses related to gastroenterology. The GI program comprises diagnosis and treatment for:

**Biliary disease** – Includes ERCP, endoscopic ultrasound and tumor-staging/fine-needle aspiration biopsy

**Pancreatic disease** – Includes endoscopic ultrasound, fine needle biopsy, pseudocyst drainage, celiac plexus block for malignant pain control

**Esophageal/mediastinum/stomach conditions** – Includes endoscopic Barrett's ablation with radiofrequency ablation (Barrx) and photodynamic therapy (PDT), endoscopic mucosal resection of high-grade dysplasia and early cancer, endoscopic anti-reflux procedures, endoscopic stent placement (including removable stents), upper GI manometry, gastric pacing and Bravo wireless ambulatory pH probe

**Small bowel conditions** – Includes capsule enteroscopy and endoscopic balloon enteroscopy

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# Clinical services (continued)

## ❖ Gastroenterology (continued)

**Colon conditions** – Includes stent placement and colorectal/oncologic surgical services (including transanal endoscopic microsurgery)

**Liver conditions** – Includes interventional radiology, TIPS, selective splenic artery embolization, and hepatoma management (including drug-eluting bead embolization and Y90 embolization)

**Other GI-related services** – Includes services such as nutrition and female incontinence care

[www.providenceoregon.org/gi](http://www.providenceoregon.org/gi) and [www.providenceoregon.org/gi/advanced](http://www.providenceoregon.org/gi/advanced)

### PORTLAND AREA

- **Providence Milwaukie Hospital**  
Endoscopy: 503-513-8230  
Scheduling: 503-513-8848
- **Providence Portland Medical Center**  
Endoscopy: 503-215-6295
- **Providence St. Vincent Medical Center**  
Endoscopy: 503-216-4638
- **Providence Willamette Falls Medical Center**  
Endoscopy: 503-656-1631 ext. 3431

### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
503-537-1555

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
541-732-5000

## ❖ General Surgery

From emergency appendectomies to scheduled hernia repairs, every year thousands of patients throughout Oregon receive top-quality surgical care from general surgeons at Providence Health & Services.

The expertise of a general surgeon is wide and ranges from exploratory surgery to complex removal or repair of organs. Most general surgeons offer laparoscopic (minimally invasive) surgical options, and many are also certified to use robotic technology. Many also provide services in the Providence Cancer Program.

We offer specialized knowledge and skill relating to the diagnosis, preoperative, operative and postoperative management in the following areas:

- Alimentary tract
- Abdomen and its contents
- Breast, skin and soft tissue
- Head and neck
- Vascular system (excluding the intracranial vessels, heart and vessels intrinsic and immediately adjacent to)
- Comprehensive trauma management

General surgeons are responsible for all phases of care of the injured patient, including complete care of critically ill patients with underlying surgical conditions in the emergency room, intensive care unit and trauma/burn units.

In the past 10 years, the field of laparoscopic surgery has skyrocketed. Laparoscopic surgery is now the standard of care for procedures such as cholecystectomy and Nissen fundoplication. The benefits of laparoscopic procedures include less postoperative pain, less pain medication, faster healing for a quicker return home, and smaller, less-noticeable scars.

[www.providenceoregon.org/generalsurgery](http://www.providenceoregon.org/generalsurgery)

**Contacts:**

- **Providence Resource Line**  
503-574-6595

## Hand Surgery

Hand surgeons diagnose and treat all problems related to the hand, wrist and forearm. Many also have expertise with conditions of the elbow, arm and shoulder.

Hand surgeons have training beyond their board-certified specialty training in orthopedic surgery, plastic surgery or general surgery. To become members of the American Society for Surgery of the Hand, hand surgeons must complete a full year of additional training and pass a rigorous certification examination.

Problems commonly treated by hand surgeons include:

- Carpal tunnel syndrome
- Tennis elbow
- Wrist pain
- Sports injuries of the hand and wrist
- Fractures of the hand, wrist and forearm
- Trigger finger

Hand surgeons also treat arthritis, nerve and tendon injuries and congenital limb differences (birth defects). Hand surgeons often recommend nonsurgical treatments, such as medication, splints, therapy or injections.

[www.providenceoregon.org/handsurgery](http://www.providenceoregon.org/handsurgery)

**Contacts:**

- **Providence Resource Line**  
503-574-6595

## ❖ Heart and Vascular

Providence Heart and Vascular Institute provides state-of-the-art advances in the diagnosis, treatment and research of cardiac and vascular diseases. Every year, more than 13,000 patients receive care from the institute's team of 80 physicians and surgeons plus specialized nurses, technologists and scientists.

The institute serves Providence hospitals in Portland, Newberg, Hood River, Seaside and Medford.

Through clinical trials, Providence patients have access to new therapies before they become widely available.

[www.providenceoregon.org/heart](http://www.providenceoregon.org/heart)

### Contacts:

Dan Oseran, M.D.

Medical director

503-216-0770

[daniel.oseran@providence.org](mailto:daniel.oseran@providence.org)

Jennifer Zelensky

Executive director

503-216-7103

[jennifer.zelensky@providence.org](mailto:jennifer.zelensky@providence.org)

### Providence Heart and Vascular Institute – general information

503-216-2088

### CARDIOVASCULAR SERVICES

#### PORTLAND AREA

- **Providence St. Vincent Heart Clinic-Cardiology**  
503-216-0900
- **Providence St. Vincent Heart Clinic-Bridgeport**  
503-216-0900
- **Providence Heart Clinic at The Oregon  
Clinic-Gateway**  
503-962-1000
- **Providence Heart Clinic-Gresham**  
503-962-1000
- **Providence Heart Clinic-Milwaukie**  
503-962-1000
- **Providence Heart Clinic-Willamette Falls**  
503-962-1000
- **Play Smart – Youth Heart Screenings Program**  
503-216-6800

### ARRHYTHMIA SERVICES

#### PORTLAND AREA

- **Providence St. Vincent Heart Clinic-Heart  
Rhythm Consultants**  
503-216-0770
- **Providence St. Vincent Heart Clinic Arrhythmia  
Services at The Oregon Clinic-Gateway**  
503-962-1000
- **Providence St. Vincent Cardiovascular Surgery**  
East Portland: 503-982-1020  
West Portland: 503-216-8670
- **Providence Interventional and  
Surgical Treatments**  
503-216-2088
- **Cardiac Rehabilitation Center**  
503-216-1250
- **Center for Advanced Heart Disease**  
503-216-1182
- **Providence Valve Center**  
Providence St. Vincent Medical Center  
503-216-0790  
Providence Portland Medical Center  
503-215-8195
- **Providence Vascular Disease Program**  
503-216-2088



## OUTPATIENT CARDIAC AND NON-INVASIVE VASCULAR DIAGNOSTIC SERVICES

### PORTLAND AREA

- All information and scheduling:  
503-216-4254

### YAMHILL COUNTY

- Providence Newberg Medical Center  
Diagnostic services: 503-537-1879  
ECHO: 503-537-1571  
EKG: 503-537-5650  
Scheduling: 503-537-1780
- Providence Heart Clinic-Newberg  
503-537-6026

### SOUTHERN OREGON

- Providence Medford Medical Center  
EKG/ECHO: 541-732-5082  
Cardiovascular lab: 503-732-5082
- Providence Medical Group-Cardiology  
541-732-7850
- Providence Medford Group-Vascular and General Surgery  
541-732-8388

### NORTH COAST

- Providence Heart Clinic, North Coast  
Seaside: 503-836-4600  
Astoria: 503-836-4600

### COLUMBIA GORGE

- Providence Hood River Memorial Hospital  
EKG/ECHO: 541-387-6155
- Providence Cardiovascular Conditioning Center  
541-387-6326
- Providence Columbia George Heart Clinic  
Hood River: 541-387-6125  
White Salmon: 541-387-6125

## RESEARCH

### PORTLAND AREA

- Portland Diabetes Protocol  
503-216-2088
- Heart and Vascular Clinical Research Program  
503-216-1996

## CARDIOVASCULAR DIAGNOSTIC SERVICES

### PORTLAND AREA

- Providence St. Vincent Medical Center  
503-216-7255
- Providence Portland Medical Center  
ECHO: 503-215-6511  
EKG: 503-215-6104
- Providence Milwaukie Hospital  
ECHO/EKG: 503-513-8383
- Providence Willamette Falls Medical Center  
ECHO: 503-650-1400  
EKG: 503-557-2133

## ❖ Home and Community Services

Providence Home and Community Services accommodates patients at every stage of illness.

**Home health** – Nursing care, rehabilitation, mental health nursing, social work and home health care for patients who need skilled care at home and meet Medicare guidelines for homebound status

**Home medical equipment** – Experienced clinical staff and a complete line of home medical equipment, including oxygen, CPAP/BiPAP and respiratory equipment; diabetes supplies; enteral therapy; durable medical equipment; and mobility equipment (A variety of products can be purchased at our retail service centers.)

**Home health palliative care** – Pain and symptom management for patients who have chronic medical or life-limiting illnesses; can be an option for patients who do not want hospice care

**Connections Palliative Care Consultation Service** – A multidisciplinary team helps patients and families deal with life-changing illnesses; available in the hospital and all community settings

**Hospice** – In-home care (provided wherever the patient lives) for those who have advanced illness with life expectancy less than six months and who are seeking comfort measures

**Hospital liaison services** – Discharge planning support within all Portland-area and southern Oregon Providence hospitals with referrals to home services

**Specialty pharmacy services** – A full line of pharmacy and infusion services for patients at home, in our infusion suites and in long-term care facilities

**Elderplace** – A program of all-inclusive care for the elderly (PACE) that keeps older adults as healthy, independent and living in the community for as long as possible by providing comprehensive health and social services tailored to meet each individual's unique needs. 503-215-6556 or [www.providence.org/elderplace](http://www.providence.org/elderplace)

**Providence Benedictine Nursing Center** – Originally founded by the Benedictine Sisters, Providence Benedictine has become a leader in long-term care by developing innovative, nationally-recognized programs. The campus provides a continuum of care, including skilled nursing; on-site rehabilitation; Orchard House Assisted Living; home health, hospice and in-home care. With our Child Development Center on-site, we offer intergenerational programs with our patients, residents and children.

[www.providence.org/homeservices](http://www.providence.org/homeservices)

### **Contacts:**

Rebecca Van Beek

Executive director, Home Services

503-215-4744 • [rebecca.vanbeek@providence.org](mailto:rebecca.vanbeek@providence.org)

## PORTLAND AREA AND YAMHILL COUNTY

- **Home health/Home health palliative care**  
503-215-4646 or 800-531-9754
- **Connections Palliative Care Consultation Service**  
503-215-2669
- **Hospice**  
503-215-2273
- **Home medical equipment**  
503-215-4663 or 800-762-1253
- **Specialty pharmacy services**  
503-215-4633 or 800-772-7053 ext 4377
- **ElderPlace**  
General info and intake for all locations:  
503-215-6556  
Providence ElderPlace in Beaverton  
14255 SW Brigadoon Court  
Beaverton, 97005  
Providence ElderPlace in Cully  
5119 NE 57th Ave., Portland 97218  
Providence ElderPlace in Glendoveer  
13007 NE Glisan St., Portland 97230  
Providence ElderPlace in Gresham  
17727 E. Burnside St., Portland 97233  
Providence ElderPlace in Irvington Village  
420 NE Mason St., Portland, 97211  
Providence ElderPlace at Lambert House  
2600 SE 170th Ave., Portland 97236  
Providence ElderPlace in Laurelhurst  
4540 NE Glisan St., Portland 97213  
Providence ElderPlace at the Marie Smith Center  
4616 N. Albina Ave, Portland 97217

## SOUTHERN OREGON

- **Home health, home health palliative care, hospice, Connections and Lifeline**  
541-732-6500
- **Infusion and home medical equipment**  
541-732-5566

## NORTH COAST

- **Home health**  
503-717-7788
- **Specialty pharmacy services**  
503-717-7788

## COLUMBIA GORGE

- **Home health and home health palliative care**  
541-387-6339  
800-955-3911 ext. 76339
- **Providence Hospice of the Gorge**  
Hood River/White Salmon: 541-387-6449  
The Dalles: 541-296-3228
- **Connections Palliative Care Consultation Services**  
Hood River/White Salmon/The Dalles:  
541-387-6449
- **Specialty pharmacy services**  
503-215-4633

## MARION COUNTY

- **Home health**  
Mt Angel: 503-845-9226  
Salem: 503-585-0074
- **Hospice**  
503-845-2939
- **Orchard House Assisted Living**  
503-845-2757
- **Home medical equipment**  
503-585-4027 or 877-585-4027

## Clinical services (continued)

### ❖ Hyperbaric / Wound Care

**Hyperbaric medicine** – The only 24-hour, hospital-based hyperbaric center in the Portland area is at Providence Portland Medical Center. Hyperbaric medicine specialists treat carbon monoxide poisoning, decompression illness, delayed radiation injuries, refractory osteomyelitis, tissue/wound healing, compromised grafts/flaps and idiopathic sudden sensorineural hearing loss.

[www.providenceoregon.org/hyperbaric](http://www.providenceoregon.org/hyperbaric)

**Wound care** – Providence wound care clinics offer hospital-based, physician referral outpatient services for evaluation, treatment and management of chronic wounds and ostomies.

[www.providenceoregon.org/woundcare](http://www.providenceoregon.org/woundcare)

**Contacts:**

Alejandro Perez, M.D.

Medical director

503-216-0900 • [alejandro.perez@providence.org](mailto:alejandro.perez@providence.org)

#### PORTLAND AREA

- **Providence Milwaukie Hospital**  
Wound care clinic: 503-513-8307
- **Providence Portland Medical Center**  
Hyperbaric medicine: 503-215-6061  
Wound care clinic: 503-215-5545
- **Providence St. Vincent Medical Center**  
Wound care clinic: 503-216-1032

#### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
Wound care clinic: 503-537-5848

#### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
Wound care clinic: 541-387-6306

### ❖ Immediate Care

Immediate care clinics provide treatment for minor illnesses and injuries that need direct attention but do not require hospitalization, such as cuts, sprains, minor trauma, upper respiratory infections, stomach aches, headaches, dizziness, colds and muscle pain.

Walk-in visits without appointments are available.

For wait times, clinic addresses and phone numbers, visit [www.providence.org/pmg](http://www.providence.org/pmg).

**Contacts:**

Michael Young, M.D.

Medical director, Providence Immediate Care

503-893-6637 • [michael.young@providence.org](mailto:michael.young@providence.org)

## PORTLAND AREA

- **PMG-Battle Ground Immediate Care**  
360-687-6650
- **PMG-Bridgeport Immediate Care**  
503-215-9900
- **PMG-Canby Immediate Care**  
503-215-9900
- **PMG-Gateway Immediate Care**  
503-215-9900
- **PMG-Happy Valley Immediate Care**  
503-215-9900
- **PMG-Scholls Immediate Care**  
503-215-9900
- **PMG-Sherwood Immediate Care**  
503-215-9900
- **PMG-Tanasbourne Immediate Care and Pediatric Immediate Care**  
503-215-9900

## NORTH COAST

- **PMG-Seaside**  
503-717-7556

## ❖ Infectious Disease

Providence Infectious Disease physicians are internal medicine doctors specializing in diseases caused by bacteria, viruses, fungi or parasites. Our providers often consult for other physicians requesting assistance in caring for patients with complex infectious illness, including:

- Prolonged fever of unknown origin
- Bone and joint infections
- Recurrent skin infections, such as MRSA
- Infections complicating a unique immune system
- HIV
- Recurrent and drug-resistant urinary tract infections
- Recurrent c-diff
- Uncommon infections acquired in the United States or abroad
- Viral hepatitis

### Contacts:

- **Providence Infectious Disease Consultants**  
East Portland: 503-215-6601  
West Portland: 503-216-7000

# Clinical services (continued)

## ❖ Laboratory Services

Providence provides state-of-the-art laboratory services at inpatient and outpatient facilities in Oregon and southwest Washington.

Services include a rapid-response lab available 24/7 at all Providence hospitals in Oregon. Our regional core laboratory offers an expansive test menu with next-day turnaround for most tests. Our regional Molecular/Microbiology Department provides advanced testing that includes traditional culture, DNA hybridization, nucleic acid sequencing and polymerase chain reaction.

For a list of our 34 patient service centers, please visit [www.providence.org/lab](http://www.providence.org/lab).

### Contacts:

Tim Cameron  
Manager, Physician Sales & Service  
503-893-7679 • [tim.cameron@providence.org](mailto:tim.cameron@providence.org)

**Regional Physician Sales & Services**  
503-893-7604

### Billing Department

503-215-4300

### Client Services

503-215-6555 (24 hours)

Toll-free: 866-674-7994

### PORTLAND AREA

503-215-6555 or 866-674-7990

### NORTH COAST/PROVIDENCE SEASIDE

503-717-7250

### YAMHILL COUNTY/PROVIDENCE NEWBERG

503-537-1787

### COLUMBIA GORGE/PROVIDENCE HOOD RIVER

541-387-6332

### SOUTHERN OREGON/PROVIDENCE MEDFORD

541-732-5063

## ❖ Neurology, Neurosurgery and Spine Services

Providence Brain and Spine Institute treats all conditions of the brain and spine. Physicians and surgeons from a variety of disciplines work with referring physicians to design treatment and rehabilitation plans focused on each patient's needs.

Providence Brain and Spine Institute is noted for the Providence Telestroke Network, the iMRI surgical suite at Providence St. Vincent, its high-volume cranial-based surgery program, neurointerventional services, spine services and condition-specific clinics.

[www.providence.org/brain](http://www.providence.org/brain)

### Contacts:

Mike Schmitt  
Executive director  
Brain and Spine Institute  
503-216-1037  
[mike.schmitt@providence.org](mailto:mike.schmitt@providence.org)

Vivek Deshmukh, M.D., FACS  
Medical director, neurosurgery  
503-935-8500  
[vdeshmukh@orclinic.com](mailto:vdeshmukh@orclinic.com)

John Zurasky, M.D.  
Medical director, neurology  
503-215-8580  
[john.zurasky@providence.org](mailto:john.zurasky@providence.org)

**Providence Brain and Spine Institute – general information**  
503-216-1055 • braininstitute@providence.org

#### **PORTLAND AREA**

- **Providence Acute Rehabilitation Center (PARC)**  
503-215-5710
- **ALS Center**  
503-215-8580
- **Cognitive Assessment Clinic**  
503-216-1150
- **Cranial Services**  
503-216-1055
- **Epilepsy Services**  
East Portland: 503-215-8580  
West Portland: 503-216-1150
- **Gamma Knife Center of Oregon**  
503-215-6800 or 888-455-8525
- **Head and Neck Surgery**  
503-935-8100
- **Multiple Sclerosis Center**  
503-216-1150
- **Neurointerventional Services**  
503-935-8500
- **Neurocritical Care Services**  
503-216-1150
- **Center for Parkinson’s Disease**  
503-503-215-8580
- **Pediatric Neurology**  
503-216-1280
- **Peripheral Nerve Services**  
East Portland: 503-215-8580  
West Portland: 503-216-1150
- **Spine Services**  
503-216-1055
- **Stroke Center**  
503-216-1150

#### **YAMHILL COUNTY**

- **Providence Medical Group-Newberg**  
Neurology: 503-537-5900

#### **SOUTHERN OREGON/PROVIDENCE MEDFORD**

- **Acute Inpatient Rehabilitation Center**  
541-732-5084
- **Neurology**  
PMG-Medford Neurology: 541-732-8400
- **Outpatient neurological therapy**  
541-732-5686
- **Spine Center**  
541-732-7746
- **Stroke**  
541-732-6814 (Carl Brophy Stroke Program)

# Clinical services (continued)

## ❖ Nutrition Services

Providence's registered dietitians offer private outpatient counseling appointments to help people use nutrition to manage their disease and health conditions, obtain a healthy body weight and eat wisely. They focus on malnutrition, eating disorders, cancer, lipid management, gastrointestinal disease, diabetes, obesity, food allergies and other chronic disease conditions.

[www.providence.org/nutrition](http://www.providence.org/nutrition)

### Contacts:

#### PORTLAND AREA

- **Providence St. Vincent Medical Center**  
503-216-2368
- **Providence Portland Medical Center**  
503-215-5160
- **Providence Milwaukie Hospital**  
503-215-5160
- **Providence Willamette Falls Medical Center**  
503-216-5160

#### YAMHILL COUNTY/PROVIDENCE NEWBERG

503-537-1536

#### SOUTHERN OREGON/PROVIDENCE MEDFORD

541-732-5288

#### NORTH COAST/PROVIDENCE SEASIDE

503-717-7301

#### COLUMBIA GORGE/PROVIDENCE HOOD RIVER

541-387-6133

#### STATEWIDE

General information on classes and services

- **Providence Resource Line**  
503-574-6595 or 800-562-8964

## ❖ Occupational Medicine

A physician who specializes in occupational medicine can give injured and ill workers prompt medical attention. Occupational medicine specialists can evaluate the employee's ability to perform work-related tasks and identify light-duty restrictions to help place injured employees in appropriate work situations during their recovery. Providence Occupational Medicine physicians and staff are solely dedicated to work-related medical care, including occupational medical exams and work-injury care for employers..

[www.providenceoregon.org/workplacehealth](http://www.providenceoregon.org/workplacehealth)

### Contacts:

#### PORTLAND AREA

- **Occupational Medicine (general information)**  
503-216-7960
- **Clackamas Occupational Health**  
503-215-2890
- **Northwest Occupational Health**  
503-227-7575

#### Tanasbourne Occupational Health

503-216-0213

#### Mill Plain Occupational Health (Vancouver)

360-836-3320

#### YAMHILL COUNTY

#### Newberg Occupational Health

503-537-1470



## ❖ Ophthalmology Services

Providence Health & Services is the largest provider of surgical eye care in Oregon, offering both routine and complex eye care to patients in the communities we serve.

Providence partners with many ophthalmologists throughout Oregon to offer comprehensive surgical treatment for a broad range of conditions affecting the eye in children as well as adults. Common surgeries performed by ophthalmologists include:

- Cataract removal
- Retina reattachments
- Corneal transplants
- Vitrectomy
- Surgery for strabismus

Some ophthalmologists complete additional training to sub-specialize in specific diseases or areas of the eye, such as:

- Vitreoretinal diseases (medical and surgical treatment of the retina and vitreous humor)
- Glaucoma
- Corneal conditions
- Oculoplastics (plastic surgery that deals with the eye socket, eyelids and tear ducts)

Simple eye surgeries for cataracts, eye lids and glaucoma are available at Providence Portland, Providence St. Vincent, Providence Newberg and Providence Willamette Falls medical centers and at Providence Milwaukie Hospital.

More advanced eye procedures, such as retinal surgery, corneal transplants and orbital plastic surgery, are only available at Providence St. Vincent Medical Center.

[www.providenceoregon.org/ophthalmology](http://www.providenceoregon.org/ophthalmology)

### Contacts:

#### PORTLAND AREA

- **Providence Milwaukie Hospital**  
503-513-8843
- **Providence Portland Medical Center**  
503-215-1874
- **Providence St. Vincent Medical Center**  
503-216-1993
- **Providence Willamette Falls Medical Center**  
503-656-1631

#### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
503-537-1761

#### NORTH COAST

- **Providence Seaside Hospital**  
503-717-7239

#### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
541-387-6330

# Clinical services (continued)

## ❖ Orthopedics

Providence Orthopedic Institute offers comprehensive orthopedic care, provided by an expert care team specializing in total joint replacement and revisions, fracture care and acute orthopedic trauma, sports medicine, hand and foot surgery. Patients benefit from our progressive team approach to prevention, assessment, treatment and rehabilitation of musculoskeletal disorders, injuries and pain.

**Quality results:** Our patient outcomes are consistently top-ranked for improved mobility, reduced pain and low occurrence of infection. Our nurses and therapists receive special training in orthopedic care, and many have specialty certifications.

**Respected specialists:** Providence works closely with more than 150 orthopedic physicians and surgeons in Oregon. Providence specialists have provided orthopedic services for decades, and many are recognized as national leaders in their field. Together we perform more than 12,000 inpatient and outpatient procedures annually.

[www.providence.org/oregon](http://www.providence.org/oregon)

### Contacts:

Tom Lorish, M.D.  
Medical director  
503-216-2145  
tom.lorish@providence.org

Karen Foley  
Executive  
503-893-7406  
karen.foley@providence.org

### STATEWIDE

- **Providence Orthopedic Institute**  
503-893-7401 (general information)
- **Providence Resource Line**  
503-574-6595

### PORTLAND AREA

- **Fracture Team**  
503-216-4729 (office)  
503-237-2333 (fracture team pager)

### YAMHILL COUNTY

- **Providence Medical Group-Orthopedics, Newberg**  
503-537-5900

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
Orthopedic and Spine program  
541-732-5536

### NORTH COAST

- **Providence Medical Group-Seaside**  
503-717-7556

### COLUMBIA GORGE

- **Providence Medical Group-Hood River**  
Orthopedic Surgery and Sports Medicine  
541-387-1337

## ❖ Otolaryngology

Whether it's a tonsillectomy to treat recurrent ear infections in children or sinus surgery in adults, high-quality surgical care from otolaryngologists is common at Providence Health & Services. Patients undergoing surgery at Providence know their surgery is being performed in a setting well-known for compassionate, high-quality care.

Otolaryngologists and otorhinolaryngologists are trained to diagnose and treat diseases and conditions affecting the ears, nose, sinuses, larynx, mouth and throat, as well as structures of the head and neck.

Common surgeries performed by otolaryngologists include:

- Tonsillectomy to treat chronic sore throat, ear infections and obstructive sleep apnea in children and adults
- Placing ear tubes in children to treat chronic middle ear infections or fluid buildup
- Removal of head and neck cancers
- Thyroidectomy to treat cancer or other conditions of the thyroid
- Sinus surgery to treat chronic sinusitis

Many ENTs treat both children and adults, although some focus on only one of these populations. Some complete additional training to focus on specific areas or conditions, such as otology, facial plastic and reconstructive surgery, or head and neck surgery to focus on complex surgery of the jaw, mouth and neck.

[www.providenceoregon.org/otolaryngology](http://www.providenceoregon.org/otolaryngology)

### Contacts:

#### STATEWIDE

- **Providence Resource Line**  
503-574-6595

## ❖ Plastic and Reconstructive Surgery

Reconstructive plastic surgery is meant to minimize scarring. The goal is to make the site appear as consistent with the surrounding area as possible.

Reconstructive surgery involves fixing an abnormal body part or facial feature and reconstructing it to appear normal. Reconstructive surgery may necessary because of:

- Trauma
- Birth defects
- Infection
- Developmental abnormalities
- Tumors and disease

Reconstructive surgery is typically performed to improve function, to make a deformity appear more normal, or to alleviate health complications associated with the abnormality. It is covered by most health insurance policies, but levels of coverage for specific procedures vary.

(continued)

# Clinical services (continued)

## ❖ Plastic and Reconstructive Surgery (continued)

Reconstructive surgery is often performed on cancer, burn and accident patients. It may involve the rebuilding of severely fractured bones, as well as skin grafting, procedures to reattach amputated digits, and implantation of prostheses. The most commonly performed reconstructive cancer-related surgeries are breast reconstruction, laceration repair, scar revision and tumor removal.

[www.providenceoregon.org/plasticandreconstructivesurgery](http://www.providenceoregon.org/plasticandreconstructivesurgery)

### Contacts:

- **Providence Resource Line**  
503-574-6595

## ❖ Pulmonology

Based upon location, specialists from Providence Medical Group, The Oregon Clinic and Oregon Pulmonary Associates offer a variety of pulmonary services. We provide unique, specialized care:

- Pulmonary care – including research in pulmonary hypertension, ARDS, pneumonia and ILD
- Critical care – including telecritical care consultations to partner hospitals
- Complex and interventional bronchoscopy – including endoscopic ultrasound bronchoscopy, electromagnetic navigational bronchoscopy for biopsy of small peripheral nodules, autofluorescence bronchoscopy for early detection of endobronchial cancer, stent placement, laser bronchoscopy, cryotherapy and phototherapy
- Sleep disorders treatment
- Pulmonary function and cardiopulmonary exercise testing
- Thoracic oncology

[www.providence.org/sleep](http://www.providence.org/sleep) or [www.providenceoregon.org/pulmonology](http://www.providenceoregon.org/pulmonology)

### Contacts:

#### PORTLAND AREA

- **Providence St. Vincent Medical Center**  
Sleep Disorders Center: 503-216-2010
- **Providence Portland Medical Center**  
Sleep Disorders Center: 503-215-3095
- **Providence Milwaukie Hospital**  
Sleep Disorders Center: 503-215-3095

#### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
Sleep Disorders Center: 503-537-5649

#### SOUTHERN OREGON

- **Providence Medford Medical Center**  
Sleep Disorders Center: 541-732-7888  
Pulmonology: 541-732-5000

#### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
Sleep Disorders Center: 541-387-6250

## ❖ Rehabilitation Services

After illness, injury or disability, people in our community turn to Providence Rehabilitation Services for help in regaining strength and independence. Last year, we served more than 50,000 adults and children. Acute inpatient rehabilitation programs are available at Providence Portland and Providence Medford medical centers. General services include audiology, occupational therapy, physical therapy and speech/language therapy.

Outpatient services are offered at more than 30 clinics in Oregon and southwest Washington. Specialty services include:

- Aquatics
- Augmentative communication
- Biofeedback
- Driving assessments
- Hearing tests
- Specialty programs
- Wheelchair seating
- Work hardening / physical capacity evaluation

Specialty programs help patients with a variety of conditions including cancer, cardiac disease, persistent pain, reduced cognition, incontinence and pelvic pain, hand injuries, low vision, lymphedema, neurology issues, orthopedic conditions (including spine, sports and post-op care), pediatric neurodevelopment concerns, pulmonary conditions, swallowing dysfunctions, TMJ dysfunction, vestibular and balance disorders.

For outpatient clinic locations, visit [www.providence.org/rehab](http://www.providence.org/rehab).

### Contacts:

Tom Lorish, M.D., Medical director  
503-216-2145 • [tom.lorish@providence.org](mailto:tom.lorish@providence.org)

- **Providence Resource Line**  
503-574-6595

### PORTLAND AREA

- **Providence St. Vincent Medical Center**  
Inpatient: 503-216-4083
- **Providence Portland Medical Center**  
Inpatient: 503-215-6059  
Inpatient rehab facility (PARC): 503-215-5890
- **Providence Milwaukie Hospital**  
Inpatient: 503-513-8983
- **Providence Willamette Falls Medical Center**  
Inpatient and outpatient: 503-657-6747
- **Neurodevelopmental Center for Children**  
East Portland: 503-215-2233  
West Portland: 503-216-2339
- **Providence Sports Care Center at Providence Park**  
503-962-1900

Cathy Zarosinski, PT, MS  
Director of Regional Operations  
503-215-6151 • [cathy.zarosinski@providence.org](mailto:cathy.zarosinski@providence.org)

### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
Inpatient: 503-537-5791  
Outpatient physical therapy: 503-537-1863  
Outpatient speech/audiology/occupational therapies: 503-537-3546
- **Neurodevelopmental Center for Children**  
503-537-3546

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
Rehabilitation Services: 541-732-6619  
Acute inpatient: 541-732-5071  
Outpatient neuro therapy scheduling:  
541-732-5686  
Outpatient orthopedic therapy scheduling:  
541-732-6619

(continued)

# Clinical services (continued)

## ❖ Rehabilitation Services (continued)

### NORTH COAST

- **Providence Seaside Hospital**  
Outpatient: 503-717-7658

### MARION COUNTY / MT. ANGEL

- **Providence Benedictine Nursing Center**  
Inpatient: 503-845-2736

### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
Cardiac rehabilitation: 541-387-6326

## ❖ Telemedicine Network

Around the clock, around the region, our specialists are with you when every minute counts. Providence Telemedicine Network provides communities throughout Oregon and southern Washington access to experts and specialized services not otherwise available. Advanced videoconferencing systems allow Providence specialists to be “in the room” with providers and patients, helping to evaluate patients and consult on diagnosis, treatment or appropriate transfer.

### Contacts:

Tom Lorish, M.D.  
Chief executive, Outreach  
503-216-5902 • [tom.lorish@providence.org](mailto:tom.lorish@providence.org)

- **Providence Telecritical Care**  
844-ASK-PROV (844-275-7768)  
[www.providenceoregon.org/telecritical](http://www.providenceoregon.org/telecritical)
- **Providence Telestroke Network**  
844-ASK-PROV (844-275-7768)  
[www.providenceoregon.org/telestroke](http://www.providenceoregon.org/telestroke)

### Providence Health eXpress

Providence Health eXpress offers live, on-demand health care visits from the convenience of your smartphone, tablet or computer. Visits are secure and provide diagnosis and treatment recommendations for many common conditions, including prescriptions if needed.

[www.healthexpress.com](http://www.healthexpress.com)

### Contacts:

Michael Young, M.D.  
Medical director, Providence Immediate Care  
503-893-6637  
[michael.young@providence.org](mailto:michael.young@providence.org)

Amanda Ashley-Baur  
Manager, Health eXpress  
503-216-0636  
[amanda.ashley-baur@providence.org](mailto:amanda.ashley-baur@providence.org)

  


## Urology

Every year, thousands of patients throughout Oregon receive top-quality surgical care for urologic conditions (mostly affecting the kidneys, bladder, and prostate) at Providence Health & Services hospitals and surgical centers.

Providence partners with urologists throughout Oregon to offer comprehensive medical and surgical treatment (including laparoscopic and robotic-assisted surgery) for a broad range of urologic conditions affecting men, women and children.

Our surgical services include:

- Treatment of prostate, bladder, kidney and testicular cancers
- Treatment of prostate disorders
- Removal of bladder, urethral and kidney stones
- Vasectomy and vasectomy reversal
- Procedures to treat erectile dysfunction
- Correction of anatomical problems to treat urinary incontinence in men and women, including sling procedures and InterStim® Therapy
- Pelvic floor repair for females (pelvic organ prolapse, cystocele, urethrocele)

[www.providenceoregon.org/otolaryngology](http://www.providenceoregon.org/otolaryngology)

### Contacts:

#### STATEWIDE

- **Providence Resource Line**  
503-574-6595

# Clinical services (continued)

## ❖ Women and Children's Services

[www.providence.org/pregnancy](http://www.providence.org/pregnancy)

### Contacts:

John V. McDonald, M.D.  
Medical director  
Providence Women and Children's Services  
503-216-7355  
[john.mcdonald@providence.org](mailto:john.mcdonald@providence.org)

Kathy Criswell  
Executive  
Providence Women and Children's Services  
503-216-4638  
[katherine.criswell@providence.org](mailto:katherine.criswell@providence.org)

Mark Tomlinson, M.D.  
Medical director, Obstetrics  
503-216-7582  
[mark.tomlinson@providence.org](mailto:mark.tomlinson@providence.org)

Laurel Durham  
Regional director, Obstetrics  
503-216-8146  
[laurel.durham@providence.org](mailto:laurel.durham@providence.org)

**Pregnancy, labor and birth care** – Welcoming more than 11,000 babies every year, Providence birthing centers are staffed by highly skilled physicians, midwives and nurses who provide excellent, personalized maternity care.

**Prenatal case management** – We provide case management support to pregnant women and their families at all Providence obstetrical and family medicine clinics accepting OB patients and at key affiliated OB-GYN practices throughout the Portland area.

**Pregnancy and parenting classes** – Pregnant women and families will find a range of classes to support them in raising healthy children. Our most popular classes include:

- Childbirth Preparation
- Breast-feeding Preparation
- Newborn Care
- Twins or More: Newborn Care and Feeding
- Infant Massage
- Infant CPR
- New Moms' Group
- Parenting Education

Please visit [www.providence.org/classes](http://www.providence.org/classes) to see a full class listing and to register.

**Providence Breast-feeding Centers** – To help mothers provide the best nutrition for their newborns, Providence Health & Services offers a variety of breast-feeding services, including breast-pump rentals and purchases, breast-feeding consultations, NICU graduation appointments and postpartum support.

We now offer direct billing to insurance for breast pumps – a benefit that moms can now use when they visit the Postpartum Care Center for lactation consultation and other services.



## **MATERNAL FETAL MEDICINE (HIGH RISK PREGNANCY)**

### **PORTLAND AREA**

- **NW Perinatal Center  
Women's Healthcare Association  
503-297-3660**

## **MIDWIFERY**

### **PORTLAND AREA**

- **East Portland  
Providence Maternal Care Clinic-Midwifery  
503-215-6262**
- **West Portland  
Providence Medical Group-Columbia  
Women's Clinic  
503-216-2602**

### **SOUTHERN OREGON**

- **PMG-OB/Gyn Health Center-Midwifery  
541-732-7460**

### **COLUMBIA GORGE**

- **Providence Medical Group-Hood River  
Women's Clinic  
541-387-8940**

## **PRENATAL CASE MANAGEMENT**

### **STATEWIDE**

- **Providence Beginnings  
503-215-9160**

## **PROVIDENCE PRENATAL CARE PROVIDERS**

### **PORTLAND AREA**

- **Providence Maternal Care Clinic  
Prenatal clinic: 503-215-6262  
Postpartum/lactation clinic: 503-215-6085**
- **Providence Medical Group-  
Battle Ground Family Medicine  
360-666-4480**
- **Providence Medical Group-  
Columbia Women's Clinic  
503-216-2602**

- **Providence Medical Group-  
Gateway Family Medicine  
503-215-4250**
- **Providence Medical Group-  
Milwaukie OB/GYN  
503-513-1800**
- **Providence Medical Group-Southeast  
503-215-9850**

### **SOUTHERN OREGON**

- **Providence Medical Group-  
OB/GYN Health Center  
541-732-7460**

### **COLUMBIA GORGE**

- **Providence Medical Group-  
Hood River Family Medicine  
541-387-1300**
- **Providence Medical Group-  
Hood River Women's Clinic  
541-387-8940**

## **PROVIDENCE BREAST-FEEDING CENTERS**

### **PORTLAND AREA**

- **East Portland:  
Providence Lactation Clinic and Store  
Services: Breast-feeding consultations,  
retail services  
Lactation consults: 503-215-6255  
Retail service: 503-215-6085**
- **Providence St. Vincent Medical Center  
Services: Breast-feeding consultations, retail  
services, milk bank  
503-216-4033**
- **Providence Milwaukie Hospital  
Services: Breast-feeding consultations  
503-513-1190**
- **Providence Willamette Falls Medical Center  
Services: Breast-feeding consultations  
503-650-6772**

(continued)

## ❖ Women and Children's Services (continued)

### YAMHILL COUNTY

- **Providence Newberg Medical Center**  
Services: Breast-feeding consultations, retail services, milk bank  
503-537-1400

### SOUTHERN OREGON

- **Providence Medford Medical Center**  
Services: Breast-feeding consultations  
541-732-5494

### NORTH COAST

- **Providence Seaside Hospital**  
Services: Breast-feeding consultations  
503-717-7530

### COLUMBIA GORGE

- **Providence Hood River Memorial Hospital**  
Services: Breast-feeding consultations, retail services  
541-387-6344

### NORTHWEST MOTHERS MILK BANK

#### PORTLAND AREA

- **Processing and Distribution Center**  
417 SW 117th Ave., Suite 105  
Portland, OR 97225  
503-469-0955
- **Providence Drop-off Site**  
Providence Lactation Clinic & Store  
2705 E. Burnside St., Suite 100  
503-215-6085

#### YAMHILL COUNTY

- **Providence Drop-off Site**  
Newberg Breastfeeding Support Center  
1001 Providence Drive  
503-537-1400

#### SOUTHERN OREGON

- **Providence Drop-off Site**  
Providence Medford Medical Center  
1111 Crater Lake Ave.  
541-732-5717

## BILLING/FINANCIAL ASSISTANCE

Providence Oregon Business Services is committed to helping patients navigate smoothly through the billing and payment process. If patients have questions about their medical bills, concerns about paying their bills, or need to learn about payment plans and financial assistance, Oregon Business Services is ready to help.

Patients can visit [www.providence.org/oregon/facilities/price](http://www.providence.org/oregon/facilities/price) for information about the financial side of their health care. They will find information about payment options and financial assistance, tips for understanding their bill, frequently asked questions, a glossary of key billing terms, tools to help them organize their bills and more.

### Regional Business Services

Monday - Friday, 8 a.m. to 8 p.m.  
Saturday, 9 a.m. to 1 p.m.

Statewide: 877-215-7833  
Portland area: 503-215-4300

## GUEST HOUSING

Providence Guest Services can help arrange discounted lodging for out-of-town patients and their family members, especially those referred to specialized care at Providence Portland, Providence St. Vincent and Providence Medford medical centers.

[www.providence.org/lodging](http://www.providence.org/lodging)

### Contacts:

#### PORTLAND AREA

- **Guest Services**  
503-216-1575 or 888-550-1575  
CrossGuestHousingCenter@providence.org

#### SOUTHERN OREGON / PROVIDENCE MEDFORD

- **Guest Services**  
541-732-5466

## EDUCATION

Providence in Oregon offers physicians a variety of educational opportunities. Stimulating programs feature lectures, small-group workshops, debates, simulation and other activities that are balanced, objective and evidence-based while possessing scientific integrity.

**Continuing education** – Through EventCast, the programs offered at Providence Portland and Providence St. Vincent medical centers are often broadcast live via streaming video. Broadcasts are archived for up to 12 months for “on-demand” viewing.

**Primary care residencies** – Nationally accredited primary care residency programs are offered at our Portland-area hospitals: internal medicine residencies at Providence Portland and Providence St. Vincent; and a family medicine residency at Providence Milwaukie Hospital.

### Contacts:

Michelle Graham  
Executive, Quality & Medical Staff Services  
503-215-3446  
michelle.graham@providence.org

### CME programs

- To view an **EventCast** presentation online, go to [www.eventbuilder.com/providence](http://www.eventbuilder.com/providence).
- **Continuing medical education programs**  
503-215-6088

### Residencies

- **Providence Portland Internal Medicine**  
Residency: 800-642-2131
- **Providence St. Vincent Internal Medicine**  
Residency: 503-216-2401
- **Providence Milwaukie Family Medicine**  
Residency: 503-513-8930

## TRANSFER CENTER (For Emergency Services)

The Providence Transfer Center is available 24/7 for urgent patient care issues, including telemedicine, patient transfers or patients in your hospital’s emergency department.

Transfer center staff will connect referring physicians with the appropriate specialist and hospitalist teams to discuss the patient’s needs and arrange for admission.

In addition, the Transfer Center is available for non-urgent patient consults and referrals 9 a.m. to 5 p.m. Monday through Friday

### Contacts:

Tom Lorish, M.D.  
Chief executive, Outreach  
503-216-5902  
tom.lorish@providence.org

Kelvin Yu, M.D.  
Medical director  
503-215-3550  
kelvin.yu@providence.org

## STATEWIDE

Toll-free: 844-ASK-PROV (844-275-7768)

#### OUR MISSION

As people of Providence,  
we reveal God's love for all,  
especially the poor and vulnerable,  
through our compassionate service.

#### OUR CORE VALUES

Respect, Compassion, Justice,  
Excellence, Stewardship

Providence Health & Services in Oregon  
4400 NE Halsey St., Suite 592  
Portland, OR 97213

[www.providence.org/oregon](http://www.providence.org/oregon)

Providence Health & Services, a not-for-profit health system, is an equal opportunity organization in the provision of health care services and employment opportunities.

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