Providence Neurodevelopmental Center for Children

Aquatic Program
Providence Aquatic Therapy Program provides a therapeutic environment that is stimulating, motivating and relaxing. Our physical and occupational therapists use the properties of warm water to affect motor learning, sensory processing and modulation.

Providence St. Vincent Medical Center: 503-216-2339
Providence Child Center: 503-215-2233
Providence Newberg Medical Center: 503-537-3546
www.providence.org/childcenter
What are the benefits of the warm-water aquatic program?

Warm-water aquatic therapy gives children a fun and soothing way to work on therapy goals. Water resistance and density, buoyancy and warmth combined with children’s desire to explore and play in water make aquatic therapy an enjoyable and effective experience. The natural properties of water:

- Give gentle resistance, which increases strength and enhances sensory feedback and learning
- Support muscles while children work on balance and posture
- Stimulate language and communication

Who can benefit from aquatic therapy?

Children with a broad range of abilities and diagnoses, including neurological, developmental and behavioral disorders, as well as disorders of the bones, joints and muscles, benefit from aquatic therapy. The aquatic environment is ideal for post-operative and orthopedic therapy because reduced gravity combined with warm water help to strengthen muscles and improve range of motion.

Your child’s physical or occupational therapist will talk with you about the unique advantages of aquatic therapy.
Who will see my child during the pool visit?
Depending on your child's needs, one of our physical or occupational therapists with training in aquatic therapy techniques will work with your child.

May I accompany my child in the pool?
We encourage you to participate in the session. Our therapy pool is set at a soothing 94 degrees. The facility is quiet, comfortable and supportive for children and families. We'll teach you the aquatic exercises so you can continue the program, working on your own with your child in community pools.

How often will my child go to the pool?
Your child's therapist will recommend a therapy schedule with the frequency and duration of sessions tailored to your child's needs.

Where is the pool located?
The therapy pool is located at the Easter Seals facility at 5757 SW Macadam Ave., in the Johns Landing area of southwest Portland.
How do I schedule an appointment?

A prescription is required for our services. Please speak with your child’s physician if you are interested in aquatic therapy. If your child is already seeing a physical, occupational or speech therapist, that therapist can help you by obtaining a prescription from your child’s physician. Once you have the prescription from the physician, please call the Aquatic Therapy Program, 503-216-2339, to schedule an appointment.

Will my insurance pay for aquatic therapy?

Contact your insurance company to find out if your coverage includes aquatic therapy. Please refer to the insurance information that was included in the packet you received from our clinic. Your therapist will assist if you have additional questions.